

Useful information

Telephone number: 01865 759281

Website:

<https://secureforms.oxfordhealth.nhs.uk/mhst/>

Oxford Health 
NHS Foundation Trust

MHST CAMHS

**Mental Health
Support Team**

response

Mental Health Support Team

Our mission is to enable young people with mild to moderate mental health problems to live their lives to the full.

MHSTs are designed to deliver the following core functions:

- Deliver evidence-based interventions for child and young people with mild to moderate mental health problems.
- Support the senior mental health lead in each education setting to introduce, develop and support the delivery of their whole school or college approach.
- Giving timely advice to schools and college staff, and liaising with external specialist services, to help children and young people to get the right support to stay in education
- Offer guidance and help for parents and carers in supporting the wellbeing of their children.

We will do this through:

- Each school having access to Education Mental Health Practitioners
- Each school having access to bespoke mental health support groups run by our Foundation Worker team.
- Staff having access to the team to support their roles in the school.
- Parents having access to the team to help their support of the children and young people.

The team will work with the Designated Lead for Mental Health in the school to identify, assess, support and signpost children and young people to the best support for their needs.



Referrals for support can come through the school's Designated Lead for Mental Health or self referral by the child or young person through our website: <https://secureforms.oxfordhealth.nhs.uk/mhst/>