

Dr Rob Bown & Mr Marco Narajos

16 September 2021

Dear Parents and Carers

As a part of your child's education at Cheney, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

We are writing to let you know that, from this week, all students in Years 7 to 11 will be taking part in weekly tutor time lessons which will focus on **the relationships topics** of the relationships and sex education (RSE) programme. There is a table below which gives a week by week list of the **relationships topics** which we plan to cover in each year group.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://cheney.wpengine.com/pshe/> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. Our ground rules for the RSE lessons are:

- We listen to the ONE person speaking.
- We speak respectfully to each other.
- We accept different opinions.
- We don't ask personal questions.

You will find links to the PowerPoint slides to be used for relationships lessons below. These slides are also available on the PSHE page of the school website (see above) as parents might want to use the resources to discuss these topics at home.

Y7 <https://docs.google.com/presentation/d/1XIBG5oIMNm1UFpHjzM25JXBirAmiyOkxeO6nkfdysJo/edit?usp=sharing>

Y8 <https://docs.google.com/presentation/d/1HjHWkSduqurmGnwSMM4zk2v1jzlrZP PUwL6Bqhk6WzA/edit?usp=sharing>

Y9 https://docs.google.com/presentation/d/1s0lRt6tLmPMd6w0eWGzvjnfy7JT_okwqiYMrH6TtRzk/edit?usp=sharing

Y10 <https://docs.google.com/presentation/d/1GgzAMLcCKWQeNcsSxn0liPnOSPVetqQ3ijCi0GXJw8E/edit#slide=id.p>



Y11 <https://docs.google.com/presentation/d/14U3ORK0o9yjqcOFga5xDgmsZ37iAqgQPQddZ8xMPcZ0/edit?usp=sharing>

There is no parental/carer right to withdraw students from the **relationships lessons** which will be taught in Term 1. Parents/carers do, however, have a legal right to withdraw their children from some of the PSHE sex education lessons which will start in Term 2 (Tuesday 2 November - Friday 17 December). We will be in touch in early October to give you more details of what these lessons will look like and your parental/carer right to withdraw.

Yours sincerely,

Rob Bown (Senior Link for PSHE and Citizenship - rbo@cheney.oxon.sch.uk)
 Marco Narajos (Subject Lead for PSHE and Citizenship)

Relationships topics

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Different types of relationships	Our values	Building a relationship	Long term commitments	Characteristics of a positive romantic relationship
What makes relationships good/ bad?	Values in a relationship	Recognising and responding to risks online	Forced and arranged marriages	Features of a relationship
Behaviours in a relationship	Romantic relationships	Sharing inappropriate images	Why marry?	Identifying unhealthy relationships
Relationships with family	Gender expectations	Sexting and the law	Stereotypes in relationships	How much information is too much?
Role of parents	Challenging stereotypes	Cyber bullying	Recognising consent	Abusive relationships
Different family set-ups	Heteronormativity	Recognising and responding to bullying	The role of friends	Who is responsible for abuse?