

Support over Easter

If you have any concerns or worries about a young person (including yourself) over the Easter break, below are the contact details of different organisations you can contact for support.

Urgent Concerns - if a young person is at risk of harm contact the **MASH** on **0345 050 766** or out of hours, contact the **Emergency Duty Team** on **0800 833 408** (for genuine emergencies only)

Emergency Services

If someone's life is in danger, call the emergency services on **999** or to report a crime, call the Police on **101**

Drugs/Alcohol Support

Oxfordshire Here4Youth offer support to young people - see their <u>leaflet</u> for more information

Mental Health Support

Send a text message to **85258** to access the <u>Shout service</u> or visit the <u>YoungMinds website</u> for support and advice

Medical/Health Support

Send a text message to **07312 263084** to access the confidential help and advice <u>ChatHealth</u> service

Finally, a member of the Safeguarding Team will be periodically checking emails so if you have any queries you can contact us on Safeguarding@cheneyschool.org

Wishing you all a lovely two-week break!



